

**Colonial Ave.
Baptist Church**
4165 Colonial Ave.
Roanoke, VA 24018-4097

Dr. Quentin Madden
Pastor

Rev. Melissa Scott
Associate Pastor

Jan Bryant
Director of Music Ministries

Bill Lininger
Church Musician

Karen Viele
Church Administrator

KNOW
CHRIST PERSONALLY

GROW
WITH CHRIST INTIMATELY

SHOW
CHRIST PASSIONATELY

Connect

**JULY
2019**

A
COMMUNITY OF
FAITH
STRIVING
TO

KNOW
CHRIST
PERSONALLY

GROW
WITH CHRIST
INTIMATELY

SHOW
CHRIST
PASSIONATELY

Our Mission

Making disciples of Jesus Christ
for the transformation of the
world

Our Vision

To **Know** Christ personally,
Grow with Christ intimately,
and **Show** Christ passionately

**"Bird by Bird"
Luke 10:38-42**

I love the Gospel story of Martha and Mary. Jesus is right in the middle of making his most interesting and profound point when Martha blows. She storms in from the kitchen and accosts, not her sister or her brother, but her company, her honored guest! "Lord, don't you care that my sister has left me to do all the work by myself? Tell her to help me!" (Luke 10:40)

How many times have we asked that question, prayed that prayer? "Lord, don't you care? Don't you care about what we are trying to do here? Don't you care about what's happening to us? Aren't you impressed with how hard we're working? Won't you send us some help, or give us some rest?" Poor Martha, in her earnest effort to be the perfect host, she violates the first rule of hospitality: pay attention to the needs of your guest.

Who would blame her? Who hasn't felt that way before? I see her point. It isn't fair! I want Jesus to honor Martha's anger. I want him to correct the injustice. I want him to say, "Lazarus, get up and help your sister!" I want him to say, "Martha! I am sorry! We've all been insensitive to you. We'll all pitch in, and then you can join us, too."

But Jesus doesn't say any of that. He says, "Martha, Martha, you are worried and distracted by many things; only one thing is needed. Mary has chosen the better part, which will not be taken away from her" (Luke 10:41-42). What!? Instead of correcting the injustice, Jesus affirms Mary!? Mary obviously hasn't read any resolutions regarding a woman's place in relation to men. And neither has Jesus!

Luke places this story right after the parable of the Good Samaritan, which wants to emphasize our willingness to accept God's grace even from unlikely sources when life leaves us lying helpless and bleeding beside the road, which also wants to encourage us to be active helpers, doing good to our neighbors in need, who are our neighbors by virtue of the fact that they are in need.

But this Samaritan ministry we are given is hard and thankless. It's so easy to get burned out, like Martha, to start asking, "What about me? Who's going to help me?" And if we aren't careful, our well-intentioned well-doing may make us bitter and judgmental, jealous, exhausted, cynical, counterproductive.

All of us Marthas need to remember our work is not God's only hope. We're not the most important thing in the world. The whole dominion of God in justice and mercy doesn't depend entirely on us. And we need to remember why we are doing this work in the first place, and it isn't so we can feel good about how good we are when others aren't. Perhaps we need to stop long enough to sit quietly at the Lord's feet and listen, to be renewed, to be redirected. But we hard-working, idealistic, perfectionistic Marthas have a hard time stopping for anything, especially meditation or reflection or prayerful listening. It feels like wasted time. What we usually do is redouble our efforts, try to be more productive with our time, work harder until we collapse or become so bitter we quit altogether.

The words of Rabbi Tarfon have become a great comfort to the Martha in me: "It is not yours to finish the task, but neither are you free to desist from it." Meaning: we aren't going to remove all suffering from the world. We aren't going to repair every oppressive system. We must do what we can, but trust the rest to God. And doing what we can means knowing our limits, getting our Sabbath rest, laying down our burdens from time to time to sit at Jesus' feet.

A good friend clued me into this lovely story from Anne Lamott. She writes: Thirty years ago my older brother, who was ten years old at the time, was trying to get a report on birds written that he'd had three months to write, which was due the next day. We were out at our family cabin in Bolinas, and he was at the kitchen table close to tears, surrounded by binder paper and pencils and unopened books on birds, immobilized by the hugeness of the task ahead. Then my father sat down beside him, put his arm around my brother's shoulder and said, "Bird by bird, buddy. Just take it bird by bird."

Just when you are feeling overwhelmed: that's when you need to stop and sit at Jesus' feet for a while. Let him put his arm around you and comfort you. Let him guide you into what needs to be done. Let him remind you that while the world needs fixin' something awful, it isn't hopeless. And it's not all up to you to fix. Do what you can. "Bird by bird" Buddy. "Just take it bird by bird." Tackle it one task at a time. Trust God to finish it. And don't lose touch with the One who came to bring you joy.

Dr. Quentin Madden

**Colonial Avenue
Baptist Church**

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Roanoke, VA 24018
Phone: (540) 774-2084
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Finances for 2019

Total Budget Income through May \$ 76,993.59

****Monthly amount needed to meet monthly expenses:**
\$ 18,070.00

May Financial Breakdown:

May Giving (Budget):	\$ 11,642.98
Colonial Pres. Payment (Budget):	\$
Amazon/Kroger Rewards (Budget):	\$ 7.81
Children's Ministry	\$ 150.00
Choir:	\$
Repairs/Maint.	\$
Benevolence:	\$ 22.00
Keystone:	\$ 100.00
Missions (Sale items):	\$ 4,279.98
Youth:	\$

2019 Envelope & Online Giving:

Jan. Budget:	\$ 13,254.99
Feb. Budget:	\$ 17,725.77
March Budget:	\$ 12,264.38
April Budget:	\$ 16,544.21
May Budget:	\$ 11,642.98
June Budget:	\$
July Budget:	\$
Aug. Budget:	\$
Sept. Budget:	\$
Oct. Budget:	\$
Nov. Budget:	\$
Dec. Budget:	\$

July Birthdays

Happy Birthday CABC Family!

Katie Wood	July 3
Sandra Britt	July 4
Darhlene Holland	July 6
James "Buck" Conner	July 9
Cody Knott	July 18
Louise Parris	July 20
Alva Coleman	July 21
Quentin Madden	July 23
Ben Bryant	July 23
Ruby Whitehead	July 23
Karen Viele	July 24
Jonathan Melson	July 26
Don Wray	July 26
Darren Bridgers	July 27
Karla Coleman	July 28
Judy Conner	July 29
Dana Felton	July 30
Joyce Short	July 31

Opportunities For Growth

• Join us Sunday mornings for one of our many Sunday School Classes. Choose one that suits your needs. Classes are listed on an adjacent page under the heading: Current Sunday School Studies. Hope to see you there!

• Join us for our **summer Bible Study**: "Study of Revelation" **Monday mornings at 10:30 am & Wednesday evenings at 6:30 pm.**

Know, Grow, and Show May

	5th	12th	19th	26th
Sunday School	41	51	28	37
Worship	85	75	57	60
Bible Study	13	5	—	—

July Sunday School Studies

Class	Teacher	Current Study
Faithkeepers	Ric Scott	"The Book of Joshua"
Friendship	Joyce Short	"Book of Romans"
Sunshine	Jean Grady/ Katie Wood	"Living a Godly Life in an Ungodly world"
Men	Mike Agee	"Living a Godly Life in an Ungodly world"
New Beginnings	Tim Emick/ Bob Crawford	"The Book of Joshua"
Pastor's	Quentin Madden	"Worship"
Youth	Melissa/Tracy	"The Holy Spirit"
Grades 1 st -5 th	Nancy Burgess	"Stories of Jesus"

Prayer Concerns

- Our Church
- Bob Crawford's brother-in-law, James Long
- Joe Dudley's nephew, Johnny, who has lung cancer
- Betty Heptinstall's 12 year old nephew, Adam, who is in chemotherapy
- Debbie Agee's nephew, Patrick Shaw, for complications from radiation
- Ric Scott's father, Dan Scott, as he is recovering at home
- Debbie Agee's friend's daughter, for breast cancer
- Melissa Scott's nephew, Christopher Hall, for health issues
- Shelly Madden & family, in the death of her grandmother, Josephine Pogue
- Paula Dull, as she is recovering from knee replacement surgery
- Carolyn Rader, as she is recovering from a broken foot
- Gerri Mills' brother, Walter Wallace, for lung cancer and testing
- Jeanne Duddy's friend, Joyce Stiff, recovering from health issues
- Tamra Sloan, for cyst in ear with exposing bone

Remember our homebound and those in nursing homes

Betty Brown	Christine Martin (Burkeville, VA)
Madaline Brown (Pheasant Ridge)	Yvonne Metz
Lois Burge	Nadine Minnix
Jane Byrum (The "Oaks")	Shirley Moore (Brandon Oaks)
Carol Camp	Betty Obenchain
Becky Erdmann	Louise Parris
Freda Guill	Evelyn Ragland (Elm Park)
Dody Matze	Ruby Whitehead (The Glebe)

Would You Like A Visit?...

If you would like a visit from Pastor Quentin, please let us know! Pastor Quentin would love to come visit with you. Just let him or the church office know when it would be a convenient time and he will be there!

Children

While our schedule may slow down a little in the summer, we want to continue to provide ways for our children's families to connect with God, while you're home or while you're traveling. Please be sure to pick up a copy of the Sing! Play! Summer family devotion guide in the foyer. You can get a free download of the music it mentions at:

www.bitly.com/singplaysummer

Summer Events

- **July 19, 6-9 pm**, Join us for a Family Movie Night in the fellowship hall. We'll be finishing our year long "Building Blocks of Faith" series by watching The Lego Movie 2. Pizza, popcorn, and drinks will be provided. The cost is \$10/family. Please let Pastor Melissa know by July 17th if you will be attending.
- **July 21-26**, Intergenerational Mission Trip to Atlanta: This is a great time of all ages serving side by side. This year, we will be serving in the Grant Park Area of Atlanta, taking part in an urban immersion mission experience and serving with the Stewart Center and other local ministries. We love for our PBJ Kids to join us, as long as they are accompanied by an adult.

- **August 11**, Back to School Blessings & Family Picnic: We'll have a special time of blessing for our children & youth during worship, followed by a picnic in the pavilion for the families of our children and youth. We'll provide the hot dogs & drinks, you bring a side dish to share!

Youth

Join us on **Sundays from 5-7 pm** this summer for Food, Faith, and Fun. Bring your dinner, and we'll go to a local park for a picnic, play games, and discuss questions from the "Ask Anything" box.

Events

A summer schedule for the youth is available in the foyer. Take one for yourself and one to share with a friend!

- **June 30, 5:00-8:00 pm**, Food, Faith, & Fun: Bring your dinner and we'll go to a local park (leaving CABC at 5:00) for a picnic, games, and "Ask Anything" discussion.
- **July 14 and 28, 5-8 pm**: Join us for Food, Faith, & Fun. Bring your supper and we'll go to a local park for a picnic, games, & "Ask Anything" study.

Senior Adults

July 12th, 11:30 am: Join us as we come together with brown bag lunches to make encouraging cards for Mission Team for the upcoming Mission trip.

If you are interested in participating in future activities, please contact the church office & let us know!

Thank You

Dear church family, thank you so much for celebrating our 20th anniversaries as part of CABC. We were blessed by the meal, flowers, and your kind words, cards, and gifts. What a wonderful calling we have, to serve alongside such a loving church family! ~ Melissa Scott

Please Pray...

Youth Passport Camp

July 8-13: Please pray for our youth & their chaperones as they spend a week in worship, learning, & service at Passport Missions Camp in Greenville, South Carolina.

Intergenerational Summer Mission Trip

July 21-26, Atlanta, Georgia: Please keep the participants of our intergenerational mission trip to the Grant Park area of Atlanta in your prayers. We will be staying at Lydia's House, a ministry of Park Avenue Baptist Church which provides housing for mission teams serving in the area. We will also be taking part in their urban immersion mission experience, learning about racial justice, issues of immigration and refugee resettlement, and child poverty. We will serve alongside local organizations, such as The Stewart Center, serving meals, working with children & helping some of the families they minister alongside with some minor home repair or landscaping.

Register Your Kroger Card to help our Church!

Do you shop at Kroger? Did you know that a % of what you spend there could be going to help our church? It's a program called Kroger Rewards. You can link your Kroger card to our church & we receive money quarterly from Kroger based on how much you spend there. It doesn't cost you anything! Please consider doing this. It really helps our church financially!

All you need to do is register your Kroger Plus card. To do this, you have 2 options:

- You can do it online by going to: www.krogercommunityrewards.com and follow the instructions there.
- You can also call 1-800-853-3033 to register. Choose option 3.

Someone will help you register your card. You will need to know your plus card number (printed on the back of your card) & our organization number, which is IM112. They can also look us up by name.

Once you are registered, just swipe your card or input the phone number linked to your card each time you shop. It's that easy! Then every quarter they send us a check. It's a win/win!

*If you signed up prior to 2017, please renew your link to our church. Once you have done so, you will not have to update it anymore. *Please note that they do require an email address now in order to participate in the program. If you do not have access to a computer and/ or need help setting one up to be able to participate to help our church, please let our office know and we will be glad to assist you!

Last quarter we received from Kroger for \$292.06. Let's see if we can double that! Happy Shopping!